

Media Release

Health Survey of Timiskaming residents will be conducted in 2019

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In 2019 the Timiskaming Health Unit will survey residents about their health and their thoughts about health-related issues. This information will help increase understanding of the unique health needs of Timiskaming residents and can be used to plan local health programs and services.

The Rapid Risk Factor Surveillance System (RRFSS) is an on-going telephone survey of adults aged 18 and over administered by various public health units across Ontario.

Beginning mid-January until August 21, 2019, trained interviewers at the Institute for Social Research at York University will call landlines or cell phones of 1,200 randomly selected people in the Timiskaming Health Unit area. The survey will be conducted in English and French and is approximately 20 minutes long.

According to Timiskaming Health Unit's Epidemiologist, Celine Butler, "It's important to know about local health challenges and successes. By participating in the survey, residents can play a key part in providing information that will improve the health of our communities."

Some topics that will be covered are nutrition, immunization, social media use, climate change, tobacco, alcohol and opioid use. There are also demographic questions such as age, education, languages spoken and income.

"The results will inform decisions about local policies and programs and help create healthier people and communities" adds Butler.

Participation in the survey is voluntary and individual information remains confidential and anonymous. For more information visit www.timiskaminghu.com or contact the Timiskaming Health Unit.

For more information

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